

**ABSTRACT OF THE DISCLOSURE**

A device for treating breathing problems is disclosed, including a shaped part fitting onto the teeth of the lower jaw, a shaped part fitting onto the teeth of the upper jaw, and at least one adjustable connecting device between the upper and lower shaped part for forward/backward and upward/downward adjustment of the upper shaped part relative to the lower shaped part. One of the shaped parts is provided at the front with a slide mechanism including a slide element which is slidable laterally to a limited extent along a guide element. Further, the adjustable connecting devices are fixedly connected to the other shaped part on one side and to the slide element on the other, thus allowing a precise forward/backward and upward/downward adjustment with a limited freedom of movement of the lower jaw in relation to the upper jaw.